Importance of coordination skills essential psychophysical demonstrated competencies as a military specialists

V.O. Lisowski
Minsk Suvorov Military School

I.Yu. Mihuta
Belarusian State Pedagogical University

DOI: https://doi.org/10.6084/m9.figshare.840501

Keywords: coordination, ability, psycho-physical, potential

Abstract

The aim - to identify the role and importance of coordination abilities in the manifestation of professionally important qualities of psychophysical military experts. It is established that the exercise of general, special and specific coordination abilities provides the most efficient and reliable psychophysical military readiness and suitability to the successful solution of the tasks of combat mission. It is noted that a professionally-applied physical training future military specialist should focus on the development of a certain amount of knowledge and skills. Also - on the formation of professionally important psychophysical qualities that ensure a high degree of readiness of the military to successfully complete the tasks in extreme conditions. Set of system-level structural relationships of mental and physical indicators of the motor and functional fitness, mental processes, and psychomotor ability to control motor actions in different conditions of military occupation.

Downloads

View Counter: Abstract | 58 | times, Article PDF |

References


The Official United States Navy SEAL Workout presents an accurate documentation of the demanding physical training (or P.T., as it’s known in military circles) that students encounter at BUD/S. The physical expectations of BUD/S graduates are awesome...but they are achievable, as this book demonstrates. – Hatherleigh Press, 2002, 168 p.


Stulov V.V. Vospitanie professional’no vazhnykh koordinacionnykh sposobnostej u kursantov voennykh institutov inzhenernogo profilia [Parenting professionally important coordination abilities in students of military institutions of engineering profile], Cand. Diss., Tula, 2005, 195 p.


Liakh V.I. Koordinacionnye sposobnosti: diagnostika i razvitie [Coordination abilities: diagnosis and development], Moscow, TVT Division, 2006, 290 p.


Bernshejn N.A. O postroenii dvizhenij [On the construction of movements], Moscow, Medicine, 1947, 256 p.

Liakh V.I. Dvigatel’nye sposobnosti shkol’nikov [Motor abilities of students], Moscow, Terra-Sport, 2000, 192 p.
Orlov V.V. *Professional'no-prikladnaia fizicheskaia podgotovka sotrudnikov specpodrazdelenij* [Professionally applied physical training of special units], Moscow, 2001, 23 p.


Physical education of students. Importance of coordination skills essential psychophysical demonstrated. COMPETENCIES AS A MILITARY SPECIALISTS Lisowski V.O.1, Mihuta I.Yu. 2 Minsk Suvorov Military School1. Belarusian State Pedagogical University 2. Annotation. The aim - to identify the role and importance of coordination abilities in the manifestation of professionally important qualities of psychophysical military experts. It is established that the exercise of general, special and specific coordination abilities provides the most efficient and reliable psychophysical military readiness and Competency 2. Demonstrate the insight and understanding into emotion and human response to emotion that allow one to approp Competency 3. Communicate effectively with physicians, other health professionals, and health-related agencies. Competency 4. Work effectively as a member or leader of a health care team or other professional group. Competency 5. Act in a consultative role to other physicians and health professionals. Competency 6. Maintain comprehensive, timely, and legible medical records, if applicable. Identities self as an integral member of the consultation team and demonstrates advanced knowledge and skills in the specic area. Independently assesses and confirms data. Consistently provides recommendations that align with best practice.